



**MAIN MENU**  
**AVAILABLE WED - SUN 6PM-10PM**

**INSTITUTE  
 OF  
 LIGHT**

**TAPAS PLATES**

We recommend 3-4 plates per person to create a full meal. Feel free to order from our bar & cinema snack menu also

**MEAT & SEAFOOD**

**VEGAN**

**VEGATARIAN**

- Suya Free Range Beef Chichinga £8
- Kenkey & Freshly Grilled Sardines £9
- Fried Tilapia w/ Kpakpo Shito £9
- Suya Meatballs in Jollof Gravy £7

- Okra, Garden Egg and Spinach £6.5
- Scotch Bonnet Heritage Salsa £4
- Crispy Bitter Leaves £4
- Ghanaian Guacamole £4
- Grilled Plantain £4
- Red Red £5
- Fried Yam £4
- Jollof Rice £3

- Oto Cakes w/ soft boiled organic egg £7
- Rosemary & Baobab Butter Freshly Roasted Corn £4.5
- Akara (Cow Pea Fritters) £7
- Crunchy Gari coated Yam Balls £4.5

**DIPS £1.5 each**

**DESSERT £4 each**

- Fresh Red Shito (ve)
- Kpakpo Shito (ve)
- Red Gravy (VE) (jollof sauce)
- Peanut Sauce (contains nuts)
- Black Shito (contains shellfish)
- Shito Mayo(contains shellfish)

- Fresh Housemade Puff Puff w/ Cornish Clotted Cream stuffed w/ either
- Chocolate Coconut Sauce or Strawberry Chili Jam

**Banoffee Pie**

All prices include VAT - service is not included - ALL TIPS GO DIRECTLY TO STAFF

A discretionary £1 will be added to your bill as a donation split between AfriKids & Kick Start Ghana - supporting education in Ghana's poorest regions. Please let your server know if you do not want to make a donation. Please note our kitchen uses ingredients which contain allergens such as peanuts - please let us know if you have any specific allergen or dietary requirements.

Zoe's Ghana Kitchen cookbook by @zoeadjonyoh is available to buy now online via Amazon.

For catering enquiries please email catering@zoesghanakitchen.co.uk

Join our mailing via our website Zoesghanakitchen.co.uk to keep up to date with monthly specials, special events and offers!

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**BRUNCH MENU**  
**SERVED SAT & SUN 12-4PM**

**INSTITUTE  
/OF  
LIGHT**

All served with hard dough toast w/ kelewele butter.  
Feel free to order sides from our bar snack menu.  
Please expect a waiting time of up to 20 mins for all brunch items as they are made fresh to order!

**Organic Free Range Suya Beef Burger (m) (p) £10**

Served w/ spicy slaw and peanut sauce

**Accra Breakfast (v) £10**

Spiced Beans w/ Fried Egg & Avocado, toasted Sweet Dough (butter bread) & Baobab Butter

**Jollof Shakshuka w/ hard dough croutons (v) £10**

**Akara w/ Fresh Red Shito (v) (gf) £10**

Okra & Bean Fritters

**Fried Yam & Scrambled Organic Eggs (v) £7.5**

**Plantain, Ginger & Coconut Milk Pancakes (ve) £8.5**

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**GO LARGE**

Add anything below for + £2

**Smoked streaky bacon (m)**

**Organic free range duck eggs (v)**

**Fried Plantain (ve)**

**Hard Dough Bread & Butter (v)**

**Sliced Avocado (ve)**

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**BAR & CINEMA MENU**  
**MENU SERVED ALL WEEK 6PM-10PM**

**INSTITUTE  
OF  
LIGHT**

**JFC Organic Free Range Chicken Strips (m) £7.5**  
served w/ Shito Mayo (c)

**Okra Fries (ve) (gf) £4**  
served w/ Shito Mayo (c)

**Kelewele (ve) (gf) £4**

**Supermalt Cassava Crisps (ve) (gf) £5**

**Fresh Lime, Cayenne & Salt Cassava Crisps (ve) (gf) £4**

**ZGK House Popcorn**  
**£3 or pick 2 for £5**  
Pick your flavour

**Kelewele Butter (v)**  
**Baobab Butter (v)**  
**Ground Hot Pepper (ve)**

**House Roasted Spicy Peanuts (p) £3**

**Dips**

£1.50 each

**Fresh Red Shito (ve)**  
**Kpakpo Shito (ve)**  
**Red Gravy (ve) (jollof sauce)**  
**Peanut Sauce (contains nuts)**  
**Black Shito (contains shellfish)**  
**Shito Mayo (contains shellfish)**

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